

# Refreshments

Setting up a café is a good way of swelling funds, especially if the food is donated. For OYB various menus have been tried, including:

- Bacon Baps
- Sausage Hot Dogs
- Freshly Baked Filled Baguettes
- Homemade Muffins
- Cake selection
- Fruit Selection
- Drinks - Tea, Coffee, Hot Chocolate
- Cartons, Squash, Bottled Water

The food is always excellent quality and appealing, but this year we are trying only bacon rolls, hot dogs and hot drinks as the ride is being held on Mothering Sunday and we are not sure of the take up of a lunch type fare.

Suggestions of a BBQ have also been made.

## Marshals

Packed lunches comprising the following are prepared for all marshals:

Sandwich, Drink, Fruit, Chocolate bar – individually packed in plastic bags

## Half Way Stop

The cafe volunteers prepare oranges and bananas for the half way point; fill water containers, provide cups, biscuits and bin liners for rubbish and ensure all food and equipment is transported to the half way point.

## Staffing

For 500 riders and 30 Marshals it is estimated that 7 members of the kitchen team are required. Their roles are as follows:

2 x helpers preparing filled rolls and Marshals packed lunches

2 x helpers arranging refreshments for half way point

1 x cooking bacon for pre-ride snack

1 x serving and preparing counter

1 x serving and making hot drinks

Extra helpers could be recruited to engage sales in playground before the ride starts.

After the Marshals have left and the ride has started the main sales counter can be set up for the sale of food and drink. The short ride takes as little as 1 hour to complete if it is 5-6 miles, so riders can be expected back 1 hour after start time. During the hour refreshments can be served to volunteers (eg hot drink and biscuit).

## Food Shopping List (for the full range of food described above)

1 catering size pack of back bacon (to fill approx. 80 rolls/baguettes)

2kg cheddar cheese

2.6 kg sausages (approx 60)

4 packs of sliced ham

30 chicken supremes

1 x 1.2kg tin of tuna

2 x large jars mayonnaise

Margarine

Slices of cucumber, tomatoes and shredded lettuce

Suggested menu for filled baguettes:

Coronation Chicken, Tuna Mayonnaise, Honey Roast Ham, Grated Cheddar Cheese.

Signage from the main playground to the café is key to boosting sales. Consideration should be given to setting up a refreshment area within the main playground/ registration zone to increase sales.